

Daily Planet

Customer and Employee Relations Directorate,
Internal Relations and Communications Department

Monday, April 26

2004

Health Fitness Expo, 5K Run, bike ride set Wednesday

A Health Fitness Expo will be from 10 a.m.-2 p.m. Wednesday at Center Activities Bldg. 4316. Theme for this year is "Healthier Living in 2004." There will be a fitness walk at 11 a.m. and the annual 5K Run at 4 p.m. A 10-mile bike ride will begin at the Fitness Center parking lot at 5 p.m. Rain date for the walk and run will be Thursday. For more information, call Heather Day at 544-9355.

**SHE 'Save a Back'
workshop,
8:30 a.m.-12:30
p.m. Tuesday,
Marshall Institute.
See 'Inside
Marshall'**

**Photos from 'Take
Our Children to
Work Day' available
May 4-6, Bldg. 4200
lobby**

'I Am Set' mentors needed

Mentors are needed to work with high school students during a high-tech summer internship for the Individuals with Disabilities in Math, Science, Engineering & Technology ("I Am Set") program scheduled for June 7-July 16. For more information, including location and times, call Dr. Barbara Cady, project director, at (256) 372-4041 or Madeline Hereford in the Marshall Center's Equal Opportunity Office at 544-7420.

**Mars rover updates
at <http://www.nasa.gov/home/index.html>**

<http://inside.msfc.nasa.gov>